

# How to Qualify for Home Oxygen Home

Home Oxygen is for patients with severe lung disease or hypoxia-related symptom that might improve with therapy.

**Severe Lung Diseases:** COPD, diffuse interstitial lung disease, bronchiectasis, cystic fibrosis, chronic bronchitis, Emphysema or some common diagnosis

**Hypoxia-related symptoms:** Pulmonary hypertension, recurring CHF due to chronic cor pulmonale, erythrocytosis, impairment of cognitive process.

**Step One — O2 sat at rest—On room air \_\_\_\_\_ %** (If below 88% you are done – if not go to step two) Standing up is not considered exercise it is considered an ADL—which is still at rest

**Step Two — O2 sat with exercise on room air \_\_\_\_\_ %**

**Step Three - O2 sat with exercise on Oxygen @ \_\_\_lpm NC \_\_\_\_\_ %**

*If sat during rest is under 94 % it is recommended to do an overnight oximetry test*

*Then if sat is at or below 88 % — the patient could benefit from nocturnal oxygen*

*Supporting documentation mentioning alternative treatment measures like; inhalers or nebulizer treatments, have been tried or considered, and ruled out or clinically ineffective.*

*Evidence of an in-person visit with the treating practitioner is performed within 30 days before initial set-up*