



**TRANSCEND
MEDICAL**

Going Beyond The Limits

PAP Care Instructions

Your Unit (CPAP/BiPAP): To clean your unit, start by unplugging the machine. Dampen a cloth in warm water and using soap, wipe the outside of the unit. **DO NOT IMMERSE THE UNIT IN WATER.** Next, dampen the cloth in warm water only and wipe the unit again. Finish by using a dry cloth to wipe the unit and then let it air dry. Make sure the unit is thoroughly dry before plugging it in.

Humidifier: Your humidifier should be cleaned daily by emptying the remaining water, filling it with warm soapy water, shaking vigorously to remove any sediment, rinsing with warm water, and then allowing to air dry. Then add one third vinegar and the rest water and let sit for 30 minutes and then rinse well.

Alternate method – most humidifiers are safe to wash on the top rack of dishwasher. *(Minimum wash at least twice a week -remember bacteria can grow in as little as 72 hours in water)*

Mask: Your mask should be cleaned daily by washing it with warm, soapy (petroleum free soap or baby Shampoo) water, then rinse with warm water, and allowing to air dry. **The suggested replacement schedule for your mask is every 6 months.**

Tubing: It is recommended to wash your tubing daily by washing with warm soapy water, rinse thoroughly then allow to air dry. (Minimum wash weekly) **The suggested replacement schedule for your tubing is every 6 months**

Filter: The filter is an essential component that significantly contributes to the life of your Unit. You should check it weekly and if it has any dirt or debris, remove it from the unit, if it is cloth clean by tapping and knocking of debris, if it is mesh you can rinse, squeeze dry and the allow to air dry. **The suggested replacement schedule for your filter is every 30 days.**

Headgear: The headgear is what attaches to your mask and holds mask to your face. **The suggested replacement for your headgear is every 6 months.**

Please contact our office 800-403-3740 and we will be happy to mail your replacement supplies. We offer free shipping and we will bill your insurance. Please note that normal co-insurance and deductibles apply.